



The commandments of Jesus Christ in the Gospels

How beautiful it is when we know the commandments of Jesus Christ and put them into practice. Because Jesus shows us with these commandments and his example the will of God, the Father. The heavenly Father confirms this with: "This is my beloved Son, in whom I am well pleased; YOU SHALL HEAR!" (Mt 17:5; Mk 9:7).

Because Jesus instructs us in the Great Commission to make disciples of all nations and to teach them to keep ALL that He has commanded, we must of course first know what He has commanded, or we cannot keep it ourselves, nor can we teach it to others (Mt 28:20).

In addition, Jesus wants to reveal Himself in a special way to the one who keeps His commandments: He that hath my commandments, and keepeth them, he it is that loveth me: but he that loveth me shall be loved of my Father: and I will love him, and will MYSELF REVEAL MYSELF TO HIM. John 14:15, 21

Jesus even goes so far as to promise to answer our prayers if we keep him and his words in us: if you abide in me, and my words abide in you, you will ask what you will, and IT WILL BE DONE. John 15:7

Our own relationship with Jesus depends deeply on His commandments and our behavior toward them. This is made clear when he said:

"He who loves me keeps my commandments" Jn 14:21.

"If you love me, keep my commandments!" Jn 14:15

And "For this is love to God, that we keep his commandments, and his commandments are not grievous." 1Jn 5:3

"Everyone who does sin also does lawlessness, and sin is lawlessness." 1Jn 3:4

So how can we love Him if we neither know nor keep His commandments? Keeping Jesus' commandments begins with knowing them and then doing them. Some of Jesus' commandments we have heard and understood. Other commandments, however, may seem foreign and unpleasant to us. Perhaps we even intuitively want to reject them at first? But let us not forget: All the commandments of Jesus Christ are the clear will of God! His word is trustworthy and endures, even if we and our environment do not or no longer accept them. This tension should lead us to admit that we have blanked out some things and thought ourselves smarter than the all-knowing God, the Creator of the whole universe. If we admit this, God invites us to accept his forgiveness in his Son Jesus Christ and to walk with him anew (Acts 13:38-39; 1 John 1:9). Then the promise applies to us: there is no more condemnation for those who are joined to him (Rom 8:1). However, if we reject the chance to repent, it has serious consequences for ourselves and others (Ex 34:6-7). We follow false lights and become a false light for others ourselves. God is not only a merciful God, but also a just and jealous God (Ex 34:14). He wants us to worship and follow only Him. Why? Because that is the truth and reality. Anything else would be deception and self-deception. God has clear expectations of us. For example, Jesus tells us to repent and believe in Him (Mark 1:15)! He who believes Him has eternal life (Jn 6:68)! He who will not obey does not have life (Jn 3:36). Whoever obeys the commandments of Jesus can expect a great reward (Mt 25:21; 1Cor 3:14).

The commandments of Jesus Christ are not about falling into legalism (2Cor 3:6). The Jews tried to keep not only the good 10 commandments in the Old Testament, but also all the other 613 commandments. More precisely, there are 248 commandments and 365 prohibitions from the 5



books of Moses. In addition, they invented many human commandments that have nothing to do with God's will, which are listed in the Mishnah or Talmud. For example, no Jew is allowed to eat meat and dairy products at the same time (generalization of Ex 23:19; 34:26). The Jews tried to prevent breaking God's commandments by these additional regulations and then being led into exile once again (first in 605 B.C.). Jesus Christ vehemently rejects these supplementary commandments in the Talmud as mere human commandments that nullify God's commandments (Matt. 15:9; Mark 7:7). From this we can learn not to add anything to God's commandments, but also not to take anything away (Deut 4:2; Rev 22:18). This is the danger we face again and again. Although Christians are freed from literal obedience, they are not lawless, but the law of Christ (Gal 6:2) and the Holy Spirit (Rom 8:2) is in them.

On the other hand, it is not a matter of keeping the commandments to get to heaven either. Generations before us tried to do that and failed (Gal 3:10-14). We turn back from our previous evil ways and agree with God that we actually deserve only damnation. But Jesus Christ died for us on the cross to take God's wrath for our guilt. He frees us from the fear of God's judgment and mere literal obedience (Gal. 5:1, 13). We invite Jesus Christ to be our Savior and Lord and to fill us with His Holy Spirit. We love Jesus Christ who does, has done and will do so much good for us! God does not save people because they would be "good," but He saves them even though they are evil for the purpose of transforming them into His image (Rom. 5:8; 2 Cor. 3:18).

In today's world, we are more in danger of not taking God's commandments seriously and adapting them to our way of life than the other way around, adapting our lives to God's will and His commandments. Perhaps one or the other thinks to himself: "The less I know, the less I have to answer for" (Lk 12:48). But God wants us to know His will and to put it into practice for the blessing of ourselves and others.

At the end of the Sermon on the Mount, Jesus speaks of a mighty storm, a flash flood, which will test all people and their ways of life. The lifestyles of people who live according to the commandments of Jesus will withstand this challenge. Those who live lawlessly and do not take the commandments of Jesus seriously will "collapse" catastrophically (Mt 7:24-29). They will end up in hell (Mt 5:30), which Jesus explicitly warns against (Mk 9:47-48).

There are various lists on the Internet of Jesus' commandments. Some are limited to the Gospels, the literal speech of Jesus Christ and his direct universal commands. Others cover the entire New Testament and also list indirect commands, or commands meant only for certain people in certain places at a certain time. Some commands are repeated in slightly modified form. Here I limit myself in the first part mainly to the Gospels with references to repetitions in the rest of the New Testament. In the second part, I supplement the commandments of the rest of the New Testament. I mostly omit commands for specific groups of people that apply only to specific times: e.g., Mark 13:15, which deals with the coming 7-year tribulation period and Jews to flee immediately when they see the abomination of desolation in the temple. Indirect commandments are marked with ">" after the Bible verse.

All 142 commandments/prohibitions listed have been arranged in categories. Many commandments could well be located in other categories. Different Bible translations were used.

The greatest commandment

1. Obey the greatest of all commandments! You shall love the Lord your God with all your heart, with all your devotion and with all your mind! This is the greatest and most important



- commandment. Love your fellow man as yourself! Mt 22:37-40; Mk 12:28-31; Lk 10:25-28; Mt 19:19; Rom 12:9-10; 13:9; 1Cor 14:1; Gal 5:14; Eph 3:17; Jas 1:12; 2:8
2. Act according to the Golden Rule, which covers everything: Treat your fellow man in everything as you would want them to treat you. This is what the Law and the Prophets require. Mt 7:12; Lk 6:31
 3. Keep the commandments. You shall not kill; you shall not commit adultery; you shall not steal; you shall not bear false witness; honor your father and mother; and you shall love your neighbor as yourself. Mt 19:17-19; Mk 10:17-19; Lk 18:18-20; Eph 5:17; Jas 2:11
 4. Promote truth, mercy, and faith in yourself and others! justice and mercy and faith; these you should have done and not let those go; Mt 23:23; Mt 9:13; Lk 6:36; 10:37; 1Cor 5:8; 2Tim 2:24; 1Pet 3:8; Eph 4:15
 5. The goal of all biblical teaching is love, good conscience and genuine faith! But the goal of instruction is love from a pure heart and from a good conscience and from unfeigned faith. 1Tim 1,5

Personal faith

6. Hear what the Holy One says to the churches! Rev, 2:7: He who has an ear, hear what the Spirit says to the churches! Heb 4:7; 12:25; Rev 2:11, 17, 26-29; 3:5-6, 12-13, 21-22.
7. Listen carefully and try to understand what Jesus is saying! Mt 11:15: He who has ears to hear, let him hear! Mt 13:9, 12, 18, 43; 15:10; 21:33; Mk 4:3, 9, 23-25; 7:14; Lk 8:8, 18; 12:48; 14:35; 1Cor 14:20; Heb 2:1; Jas 1:19; 2:5; 2Pet 3:8; Rev 13:9-10.
8. Read the Bible! Mt 21:42 i>: Have you never read in the scriptures...?; Mk 12:10; Col 4:15; 1Th 5:27; 1Tim 4:13; 1Pet 2:2; Rev 1:3
9. Go through the narrow gate and walk the narrow way! Mt 7:13-14: Go in through the narrow gate!; Lk 13:23-30
10. Turn back and believe in the good news! Mk 1:15: Repent and believe the gospel!; Mt 4:17; Acts 2:38; 3:19, 26; 17:30; 26:20; Rom 2:4; Heb 3:7; Jas 1:22; 4:8-10; 1Jn 1:9; 2:1; Rev 2:16; 3:18-19; 22:14.
11. Purify yourself first in the innermost of your thoughts, then the outside will automatically be purified! Mt 23:26: Purify first the inward part of the cup, that its outward part may also be purified; 1Cor 5:7; Jas 4:8; 1Pet 1:22; 1Jn 3:3
12. Be born again! Jn 3:7: You must be born anew.
13. Come to Jesus and drink from him! Joh 7,37 i>: If anyone thirsts, let him come to me and drink!
14. Ask for the Holy Spirit! Lk 11:13 i>: If you then, being evil, know how to give good gifts to your children, how much more will the Father, who gives from heaven (the) Holy Spirit give to those who ask him!
15. Receive the Holy Spirit! Joh 20:22: And when he had said this, he breathed on them and said to them: Receive Holy Spirit!; Rom 12:11.
16. Rejoice in the eternal life given to you! Lk 10,20: ...But rejoice that your names are written in the heavens!; 2Cor 13,11; 1Jn 2,25
17. Love Jesus more than your relatives and yourself in order to follow Jesus in His mission! Lk 14,26 i>: If anyone comes to me and does not hate his father and mother and wife and children and brothers
18. Do not love your life above all else, but follow Jesus and serve Him alone! John 12:25-26 i>: He that loveth his life shall lose it; and he that hateth his life in this world shall keep it unto life eternal. If anyone serves me, let him follow me!; Jn 21:22; 1Cor 11:1; Eph 5:1; Phil 3:17; Heb 6:12.



19. Deny yourself, in the image "hate yourself" and take up your cross! Mt 16:24-26: If anyone would come after me, let him deny himself and take up his cross and follow me!; Mt 8:22; 10:37-39; Mk 8:34-35; Lk 9:59-60; 14:26-27; Jn 12:25; 2 Tim 2:11-12.
20. Take up the yoke of Jesus and learn from him! Mt 11:28-30: Come to me, ... take my yoke upon you, and learn from me!
21. Abide in Jesus! Jn 15:4: Abide in me and I in you; 1Jn 2:24-25; Rev 3:20.
22. Abide in his love! Jn 15:9: Abide in my love; 1Jn 4:16; Jude 1:21.
23. In you all darkness shall be displaced by light! Lk 11:36 i>: If therefore thy whole body be light, and have no dark part, it shall be altogether light, as when the candlestick lighteth thee with her beam; Eph 5:8-9; 1Jn 1:7.
24. Believe in God and in Jesus Christ! Jn 14:1: You believe in God, believe also in Me!; Mt 23:23; Mk 11:20-24; Jn 12:44, 46; 14:10-12; 20:31; Ac 20:21; Ro 10:9, 11, 13; 14:22-23; Heb 11:6f; 12:16; Jas 2:1, 19; 1Jn 3:23; 5:10.
25. Believe that Jesus represents the Father! Jn 14:11-14: Believe me that I am in the Father and the Father is in me; but if not, believe for the works themselves!
26. Live from the word of God! Mt 4:4 i>: Not by bread alone shall a man live, but by every word that proceedeth out of the mouth of God; Lk 4:4; Jn 8:47; 10:27-28; 16:13-14; Rom 8:14.
27. Honor and respect the law of God revealed in the Old Testament. Mt 5:17 i>: Do not think that I have come to abolish the law or the prophets; I have not come to abolish, but to fulfill; 19:17; Lk 16:31.
28. Keep the commandments of Jesus! Jn 14:15, 21 i>: If ye love me, ye shall keep my commandments; ... He that hath my commandments, and keepeth them, he it is that loveth me: but he that loveth me shall be loved of my Father; and I will love him, and will manifest myself to him; Heb 8:10-11; Rev 13:12.
29. Get a better righteousness than that of the teachers of the law and the Pharisees, namely, the righteousness that Jesus gives you! Mt 5:20 i>: For I say to you: Unless your righteousness far surpasses that of the scribes and Pharisees, you will by no means enter the kingdom of heaven; Jas 2:1.
30. Make God and His kingdom your number one! Mt 6:33: But seek first the kingdom of God and his righteousness; Rom 12:11; Heb 1:9.
31. Follow the goal to be perfect, as the Father in heaven is! Mt 5:48: You therefore are to be perfect as your heavenly Father is perfect; 2Cor 7:1; 1Tim 5:7; 2Pet 3:14
32. When you have successfully finished something, do not become proud, but give glory to God alone and realize that you are only a useless servant! Lk 17:10: So you also, when you have done all that you were commanded, say, "We are useless slaves; we have done what we were bound to do;" Eph 2:11; Gal 5:26.
33. Learn from Jesus what humility is. Do not think yourself wise! Mt 11:29: Take my yoke upon you and learn from me, for I am meek and lowly in heart; so you will find rest for your souls; Lk 14:8-11; Acts 10:26; Rom 12:3; 1Cor 3:18; 10:12; Gal 5:26; Eph 4:1; Col 3:12; Phil 2:3-4; 1Tim 6:17-18; Heb 4:11; Jas 1:9-10. 21; 4:10; Jas 3:13; 4:10; 1Pet 3:8; 5:5,-7.
34. Be last, not first! Mt 19:30 i>: But many first will be last and last first.
35. Be trustworthy even in the smallest things! Lk 16:10 i>: He who is faithful in the least is faithful also in much, and he who is unjust in the least is unjust also in much.
36. Do not challenge God! Mt 4:7: Again it is written, "You shall not tempt the Lord your God; Lk 4:12.
37. Serve and worship God alone! Mt 4:10: "You shall worship and serve the Lord your God alone."; Mt 6:9; Lk 4:8; 10:28; Acts 15:20; Heb 9:14; 1Jn 5:21; Rev 14:7; 15:4; 19:10; 22:9.
38. Stop sinning! Jn 8:11: ... sin no more from now on!; Rom 6:11-12; 12:2; 1Cor 15:34; 2Cor 7:1; Jas 4:7; 1Pet 5:9
39. Stop doubting, believe! Jn 20:27, 29: ...Do not be unbelieving, but believing!...; Phil 2:14; Jas 1:6; Jude 1:22-23



40. Bring forth spiritual fruit! Mt 3:8: now bring forth fruit worthy of repentance; Mt 4:17-21; 12:33; 13:12, 23; 25:29; Mk 4:20; Lk 8:15; 13:6-7; Jn 15:2-5, 8, 16; Eph 4:1; Phil 1:27-28; Col 1:10; 1Th 2:12.
41. always be ready and watchful for the return of Jesus! Mt 24:42-51: Watch therefore!... Therefore you also be ready!; Mk 13:28-37; Lk 12:35-48; 21:29-36; 1Cor 10:13; 1Th 5:6, 8; 2Tim 4:8; Jas 5:7-8; 1Pet 5:8; 2Pet 3:12; Rev 3:2; 16:15.
42. Wait for the return of Jesus without fear and resist false teachers! Mt 24:4-6, 23-27: See to it that no one deceives you.... Watch, do not be afraid! ... Then if anyone says to you, Behold, here is the Christ, or there! do not believe it! ... If they say to you, Behold, he is in the wilderness, do not go out. Behold, in the chambers!, do not believe it!; Phil 3:2-3; 2Th 2:2-3; 1Tim 4:16; Heb 13:9.
43. Trust Jesus like a child! Mt 18:3-5 i>: Verily I say unto you, Except ye repent and become as little children, ye shall in no wise enter into the kingdom of heaven. Therefore, if anyone will humble himself like this child, he is the greatest in the kingdom of heaven.

Spiritual exercises

Hidden prayer

44. Pray and be persistent: Ask, seek, knock! Mt 7:7: Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you!; Lk 11:9-13; Jn 16:24, 26; Rom 12:12; Col 4:2; Phil 4:6; Col 4:2-4; Jas 5:13; Heb 4:16; 10:19-23; 11:6; 1Pet 4:7; Jude 1:20.
45. Do not perform show prayers, but pray to God secretly! Mt 6:5-7: And when you pray, do not be like the hypocrites, for they love to pray standing in the synagogues and in the corners of the streets, that they may be seen of men. Verily I say unto you, they have their reward gone. But when you pray, go into your chamber, and when you have shut your door, pray to your Father who is in secret. And your Father who sees in secret will reward you; Heb 10:22.
46. Worship God in spirit and in truth. Jn 4:24 i>: God is spirit, and those who worship him must worship in spirit and truth; Jude 1:20.
47. Pray to the Father in the manner of the Lord's Prayer! Mt 6:9-15: Pray ye therefore thus....
48. Pray with expectation in faith! Mt 21:21-22 i>: If you have faith and do not doubt, not only will you do what was done to the fig tree, but you will also say to this mountain: Lift yourself up and throw yourself into the sea!" it will be done. And whatever you ask for in prayer, believing, you will receive; 17:20; Jas 1:6.
49. Ask in the name of Jesus! Jn 14:13-14 i>: And whatsoever ye shall ask in my name, that will I do, that the Father may be glorified in the Son. If you ask me anything in my name, I will do it; Jn 15:7, 16; 16:24.
50. Don't slur your prayer with many repetitions! Mt 6:7-8: But when you pray, do not babble as those of the nations do, for they think that they will be heard because of their much speaking. Do not be like them! ...
51. Pray that you will not be tempted or fall into temptation. Resist Satan! Mt 26:41: Watch and pray so that you will not fall into temptation; Lk 22:46; Jas 1:2, 12-15; 1Pet 5:9; Rev 3:2.

Hidden fasting

52. Do not brag about fasting, but do it secretly for God! Mt 6:16-18: But when you fast, do not look gloomy like the hypocrites. ... But when you fast, anoint your head and wash your face, so that you will not appear to men as one who fasts, but to your Father who is in secret! And your Father, who sees in secret, will reward you; Mt 9:15; Mk 2:20; Lk 2:37; 5:35

Hidden alms



53. Give alms! Give only to please God, not men! Mt 6:2-4: Now when thou doest alms, thou shalt not sound a trumpet before thee, as the hypocrites do in the synagogues and in the streets, that they may be honored of men. ...But when thou doest alms, let not thy left hand know what thy right hand doeth: that thine alms may be in secret, ... Luke 6:38; 11:41; 1 Corinthians 16:2; 2 Corinthians 8:12; 9:6-7.
54. Beware of all covetousness, greed and envy! Be rich in relation to God! Lk 12,16-21 i>: You fool! This night your soul will be required of you. But what you have prepared, for whom will it be?... So is he who gathers treasures for himself and is not rich in the sight of God; Eph 3:3; 1 Tim 6:10; Jas 5:1; 1Pet 5:2.
55. Invite the poor to come to you and give them gifts. Lk 14:12-14: When you make a luncheon or a supper, do not invite your friends, nor your brothers, nor your relatives, nor rich neighbors, lest they also invite you back and repay you. But when you make a meal, invite the poor, the crippled, the lame, the blind; Gal 2:10.

Sexuality

56. Resist sexual desire in your thoughts! Mt 5:27-30: You have heard that it was said, You shall not commit adultery. But I say unto you, that whosoever looketh on a woman to lust after her hath committed adultery with her already in his heart. But if your right eye causes you to sin, pluck it out and cast it from you; Acts 15:20, 29; Rom 13:13; 1Cor 6:18; Gal 6:9; 1Th 4:2-5; 2Tim 2:22; 1Tim 6:9-11; Tit 2:6; 1Pet 2:11; Heb 12:16.
57. Respect marriage and do not break it! Do not divorce! Mt 5:31-32 i>: But I say unto you, That whosoever shall put away his wife, except it be for fornication, committeth adultery with her: and whosoever marrieth a woman put away committeth adultery; 19:6, 9; Mk 10:9, 11-12; Lk 16:18; Ro 13:9; 1Co 6:10-11; 7:2-5, 10-11; 1Tim 1:10; Heb 12:16; 13:4; Jas 2:11.
58. Don't marry a caste or casts! Mt 5:32 i>: whoever marries a dismissed woman commits adultery; Lk 16:18.
59. Whoever wants to remain single should live like this! Mt 19,12 i>: for there are those who have been cut off from their mother's womb, and there are those who have been cut off from men, and there are those who have cut themselves off for the sake of the kingdom of heaven. He that can lay hold of it, let him lay hold of it; 1 Cor. 7:7-8, 40.
60. God created humans as man and woman and they alone live out a godly sexuality in a lifelong marriage! Mt 19:5-6,9 i>: Therefore shall a man leave his father and mother, and shall cleave to his wife; and the two shall be one flesh? So now they are no longer two, but one flesh. What therefore God hath joined together, let not man put asunder! ... But I say unto you: Whosoever shall put away his wife, except it be for fornication, and shall marry another, committeth adultery."; Mark 10:2-12; Luke 16:18; John 4:17; Eph. 5:3

Talking

61. You shall not lie! Mt 19:18: ... you shall not bear false witness; Mk 10:19; Lk 18:20; Rom 13:9; Col 3:9; Jas 4:11.
62. Do not swear to corroborate your testimony! Mt 5:34-37: Do not swear at all!; Lk 3:14; Jas 2:11; 3:10; 5:12.
63. Stick to the truth, keep your word, do not exaggerate, stick to the simple yes and no! Mt 5,37: But let your word yes be yes, and no be no! But whatever goes beyond this is of the evil



- one; Rom 13:12; 2Cor 13:8; Eph 4:15, 25; Phil 4:8; 1Tim 1:10; 2Tim 3:14; 2Th 2:10; 1Pet 2:1, 12; 3:16; Jas 1:19; 3:14.
64. Always watch your words and speak what is good! Mt 12:33-37 i>: Brood of vipers! How can you speak good, since you are evil? For out of the abundance of the heart the mouth speaks. The good man out of the good treasure brings forth good, and the evil man out of the evil treasure brings forth evil. But I say unto you, that of every vain word that men shall speak, they shall have to give account in the day of judgment: for out of thy words thou shalt be justified, and out of thy words thou shalt be condemned; Eph. 4:29, 31; 1 Pet. 1:15-16; 3:10; Jas. 1:19; 2:12.
65. do not blaspheme at all! Mt 12:31 i>: Every sin and blasphemy will be forgiven men; but the blasphemy of the Spirit will not be forgiven; Eph 4:26; 5:3-4.
66. Do not call fellow man "father" (such as father Abraham), master or "teacher" whom you blindly follow. Only God is the true Father and Jesus Christ is the true Teacher and Master! Mt 23:8-10: But you, do not let yourselves be called Rabbi! For one is your teacher, but all of you are brothers. Neither shall you call anyone on earth your father; for one is your Father, that is, he who is in heaven. Neither be ye called Master: for one is your Master, the Christ.

Goods

67. You shall not steal! Mt 19:18: ... you shall not steal ...; Mk 10:19; Lk 18:20; Rom 13:9; Eph 4:28; 1Th 4:11-12.
68. Let your light, your good deeds become visible to people, so that they give glory to God! Mt 5:14, 16: So let your light shine before men, that they may see your good works and glorify your Father who is in the heavens; Lk 12:35; Gal 6:9-10; Eph 5:8-9; 1Pet 2:12; 3:11; Rev 19:7
69. Give generously to everyone who asks you and do not ask for it back! Mt 5:42: Give to him who asks you, and do not refuse him who wants to borrow from you; Lk 6:30, 38.
70. Give especially spiritual help for free! Mt 10,8: Heal the sick, raise the dead, cleanse the lepers, cast out demons! For free you have received, for free you give!
71. Collect treasures, but only heavenly treasures, not earthly treasures! Mt 6:19-21: Do not store up for yourselves treasures on earth, where moth and rust consume them, and where thieves break in and steal. But lay up for yourselves treasures in heaven, where neither moth nor rust doth corrupt, and where thieves do not break in and steal. For where your treasure is, there will your heart be also; Heb 13:5.
72. Make friends with temporal riches and store up good things for eternity. Lk 16:9: Make friends with unrighteous mammon, so that when it comes to an end you may be received into the eternal tents; Rom 12:13; Gal 6:9-10; 1Tim 6:18-19; Tit 2:14.
73. If your heart is set on possessions, sell what you have and give to the needy! Mt 19:21: If you want to be perfect, go and sell what you have and give to the poor, and you will have treasure in heaven; and come and follow me; Lk 12:33; 18:18-23.
74. Do not worry about your survival (food, drink, clothing)! Mt 6:25-26: Do not be anxious for your life, what to eat and what to drink, nor for your body, what to put on!; Jn 6:27; 1Tim 6:8; 1Pet 5:7
75. Do not worry about tomorrow! - Take ravens and lilies as an example! Mt 6:25-34: Do not therefore be anxious about tomorrow. For tomorrow will take care of itself. Every day has enough in its evil; Lk 12:24, 27-28; 1Pet 5:7.
76. Be content with your salary and what you have! Do not extort anyone and do not use violence! Lk 3:14 (John the Baptist): Do not do violence to anyone, and do not extort anyone, and be content with your wages!; 1Tim 6:8; 2Th 3:12



77. Be thankful for God's help and healing! Lk 17:16-19 i>: and he fell on his face at his feet and gave thanks to him; and this was a Samaritan; 1Cor 10:10; Col 3:2, 15; Eph 5:4, 20; Col 2:7; 3:15, 17; 1Th 5:18; Heb 12:28.
78. Do not despise food on religious grounds or those who eat it! Mark 7:19 i>: Do you not understand that whatever enters a man from without cannot defile him? For it does not go into his heart, but into his belly, and it goes out into the privy. By this he declared all food clean; Matt. 15:17. Note in this not to violate another's conscience: Rom 14:20. The early church was to keep away from idols, fornication, things strangled, and blood: Acts 15:20, 29; Rom 14:3, 14; 1 Cor 10:25, 27.

Fellow Christians and Church

79. Love especially other Christians! Jn 13:34-35: A new commandment I give to you, that you love one another, so that as I have loved you, you also may love one another; Jn 13:35; 15:7, 9, 12-13; Rom 12:9-10; 1Cor 16:14; 2Cor 2:4; Gal 5:13-14. 22; 6:2; 6:9-10; Eph 4:32; 5:1; 5:2; Phil 1:9; Col 3:14; 1Th 3:12; 4:10; 1Tim 6:11; Tit 2:4; Heb 10:24. 34; 13:1; 1Peter 1:22; 2:17; 3:8; 4:8; 2Peter 1:7; 1John 2:9; 3:11, 23; 4:7, 11, 21; 2John 1:6; Jude 1:21; Rev 2:4, 19.
80. Care for your brothers and sisters in faith, especially those in need (food, hospitality, clothing, hospital visits, prison visits, encouragement ...)! Mt 25:34-36 i>: For I was hungry, and you gave me food; I was thirsty, and you gave me drink; I was a stranger, and you welcomed me; naked, and you clothed me; I was sick, and you visited me; I was in prison, and you came to me; Rom 12:13; 2Tim 5:14; Tit 3:8, 14; Heb 3:13, 15; 4:1; 13:2; 1Pet 4:9.
81. Love your fellow Christians first, and then let it overflow to all not-yet-Christians! 2Pet 1:7 i>: He who loves God will also love his brothers and sisters, and eventually all people will come to feel this love; Rom 13:8-10; Tit 2:2
82. Remember with others the love of Jesus in the Lord's Supper! Mt 26:26-28: Take, eat, this is my body! ... Drink from it, all of you!; Mk 12:22-24; Lk 22:17-20; Jn 6:53-57; 1Cor 11:23-26.
83. Examine yourself first in view of your own faults before you help fellow Christians! Mt 7:3-5: Hypocrite, first pull the beam out of your eye! And then you will see clearly to pull the mote out of your brother's eye; Lk 6:41-42; Rom 14:13.
84. Do not pronounce final (judgment) on others with standards that you yourself cannot keep! Mt 7:1-2: Judge not, that ye be not judged. For with what judgment you judge, you will be judged, and with what measure you measure, it will be measured to you; Lk 6:37 ↔ But examining and judging others, their lives and words is already important: Mt 7:15-16; 1Cor 2:15; Col 2:16; 1Jn 4:1
85. Judge righteously! Jn 7:24: Judge not according to outward appearance, but judge righteous judgment; Ro 14:3; 1Th 5:21; Rev 18:20.
86. Provide especially fellow Christians with what they need spiritually! Jn 21:15-17: Feed my lambs; Mt 24:45-46; Acts 20:28; Gal 6:2; 1Th 4:18; 5:11; Heb 4:1-2; 12:12, 15; 1Pet 5:2; Jude 1:20.
87. Care for and take care of your parents! Mt 15:4: Honor your father and mother; 19:19; Mk 10:19; Lk 18:20; 1Tim 5:4.
88. Let the children come to Jesus! Mt 19:13-14: Let the children, and do not refuse them to come to me!; 18:1-6, 10; Mk 10:13-16; Lk 18:15-17; 1Pet 2:2-4.
89. Do not murder, do not be angry or wrathful with your fellow Christian! Mt 5:21-22: You shall not kill; but whoever shall kill shall be liable to judgment. But I say to you that everyone who is angry with his brother will be liable to judgment; but whoever says to his brother, "Raka!"



- will be liable to the High Council; but whoever says, "You fool!" will be liable to the hell of fire; Eph 4:26, 31; Col 3:8; Jas 1:19-20.
90. Do not call your fellow Christians names (with words like moron or idiot)! Mt 5:22: Whoever says to his brother or sister, 'You idiot,' belongs before the supreme court. And whoever says to his brother or sister, 'Go to the devil,' belongs in the fire of hell; Eph 4:29; Jas 4:11.
91. Reconcile before you pray! Resolve quickly the problems with someone you have wronged or who is angry with you! Mt 5:23-26: Now when you bring your gift to the altar and there remember that your brother has something against you, leave your gift there in front of the altar and go before, reconcile with your brother; 1Jn 2:9-11.
92. Always forgive, be quick and patient in doing so! Mt 6:14-15 i>: For if you forgive men their trespasses, your heavenly Father will also forgive you; but if you do not forgive men, neither will your Father forgive your trespasses; Mt 18:21-22; Mk 11:25-26; Lk 6:37; Lk 17:3-4; 2Cor 2:7-8; Eph 4:32; Col 3:13; 1Th 5:14; 2Tim 2:9, 24; 2Th 3:13.
93. Wash the feet of fellow Christians by ministering to them even in unpleasant areas. Jn 13:14-15: If I then, the Lord and the Teacher, have washed your feet, you also owe it to yourselves to wash one another's feet. For I have given you an example, that you also do as I have done to you; Gal 5:13-14; Gal 6:1-2.
94. Keep peace and unity with other Christians! Mark 9:49-50: For everyone will be salted with fire. Salt is good; but if the salt has become saltless, with what will you season it? Have salt in yourselves, and keep peace among yourselves."; Mt 5:9; Ro 12:16; 14:19; 15:5; 1Cor 1:10; 2Cor 13:11; Eph 4:3, 13; Phil 2:2, 14; 1Th 5:13; Heb 12:14; 1Pet 3:8.
95. Do not despise simple fellow Christians who are not yet ready in the faith! Mt 18:10: See that you do not despise one of these little ones. For I tell you that their angels in the heavens always behold the face of my Father who is in the heavens; Rom 14:1; 15:7; Eph 5:21.
96. Confront fellow Christians when they hurt you and admonish them in the following way! Mt 18:15-18: But if your brother sins, go and convict him between you and him alone. If he listens to you, you have won your brother. But if he does not listen, take one or two more with you, so that out of the mouths of two or three witnesses every thing may be confirmed. But if he will not listen to them, tell the church; but if he will not listen to the church either, let him be to you as the Gentile and the publican!"; Gal 6:1; Eph 5:11; 1 Tim 5:20; Tit 1:13.
97. Practice church discipline with the church and separate yourself from those who call themselves Christians but do and approve of evil things! Do not even eat with them and do not greet false teachers! Mt 18:17: but if he also will not listen to the church, he is to you as the Gentile and the tax collector!; Rom 16:17-18; 1Cor 5:1-2, 5, 7, 9, 11-13; 2Cor 6:17; 2Cor 6:14-15; Eph 5:7, 11; 1Th 4:6; 2Th 3:6-11, 14-15; 4:15; 1Tim 5:20; 1Jn 5:16; 2Jn 1:11; Rev 18:4.
98. Do not seek power over other Christians and do not become proud, but be humble and serve all others! Mt 23:8-12 i>: But the greatest among you shall be your servant. But he who will exalt himself will be humbled; and he who will humble himself will be exalted; Mt 20:25-28; 18:4; Mk 10:42-45; Lk 22:25-27; Jn 13:12-17; Rom 12:16; 1Tim 6:17; 1Pet, 5:5.
99. Do not fight other Christian groups! Mark 9:38-41: John said to him, "Teacher, we saw someone casting out demons in your name, and we resisted him because he did not follow us. But Jesus said, Do not resist him, for there is no one who can do a miracle in my name and soon after speak evil of me; Lk 9:49-50 ↔ Mt 12:30; Lk 11:23

Mission

100. Love your neighbor! Mt 19,19: ... you shall love your neighbor as yourself! 2Petr 1,7



101. Leave your relatives and possessions to serve Jesus! Mt 19,29 i>: And everyone who has left houses or brothers or sisters or father or mother or children or fields for my name's sake will receive a hundredfold and inherit eternal life. Acts 7:3, 33, 34
102. Go and work in God's vineyard. Mt 20:4, 7: ... Go ye also into the vineyard! ... ; Lk 19,14.17; 1Cor 15,58
103. Cast your net boldly and expect the impossible when Jesus instructs you! Joh 21,6: Cast your net on the right side of the boat! And you will find.
104. Carry out your spiritual mission with authority! Mt 10:1,8: And when he had called his twelve disciples, he gave them authority over unclean spirits, to cast them out, and to heal every disease and every infirmity; ... Heal the sick, raise the dead, cleanse lepers, cast out demons! For free you have received, for free you give! Luke 10:8-9; Acts 9:34, 40; 1 Peter 5:2; Jude 1:4.
105. Ask God to send harvesters! Mt 9:37-38: Ask the Lord of the harvest, therefore, to send out laborers into his harvest!; Lk 10:2.
106. Gather together with Jesus! Mt 12:30 i>: He who is not with me is against me, and he who does not gather with me scatters; Lk 11:23; Jn 4:36; Phil 1:27.
107. Wait and receive God's power! Lk 24:49: But you, stay in the city until you are clothed with power from on high; Acts 1:8; 1Cor 16:13; Eph 6:10; 2Tim 2:1; 1Pet 3:11.
108. Proclaim that God's kingdom is near! Mt 10:7: But when you go, preach and say, "The kingdom of heaven is at hand"; Lk 9:60; 10:9; Acts 5:20; 1Cor 1:17 (Paul); 2Tim 4:2, 5; 1Pet 2:9.
109. Preach repentance and forgiveness of sins through Jesus! Lk 24:47 i>: and repentance for the forgiveness of sins be preached in His name to all nations, beginning from Jerusalem; Rev 2:5; 3:3.
110. Tell and publish what Jesus shows you in secret! Mt 10:27: What I tell you in darkness, speak in the light; and what you hear whispered in your ear, shout out on the housetops; Rev 1:11, 19; 2:1, 8, 12, 18; 3:1, 7, 14.
111. Persuade (make clear the urgency, be plausible, appeal to) people to find salvation! Mt 22:9: Go therefore to the crossroads of the highways, and as many as you find, invite to the wedding; Lk 14:23; Acts 2:40; Acts 10:42; Acts 26:28; 2Cor 5:11; Rev 22:17
112. Do not be ashamed of Jesus, but confess Him. Mt 10:32 i>: Everyone therefore who will confess me before men, I also will confess him before my Father who is in the heavens; 1Pet 3:15; 2Tim 1:8; Heb 10:39; 13:13; 1Pet 4:16; 1Jn 4:15; Rev 2:13,17.
113. Go with other Christians as a team to all nations, make disciples of them, baptize the disciples, and teach the disciples to keep all that Jesus commanded. Mt 28:19-20: Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you; Mk 16:15; Acts 2:38; 1 Tim 6:14; 2 Tim 3:14; Rev 22:7.
114. Go into all the world and make known the gospel. Mt 24:14 i>: and this gospel of the kingdom will be preached in all the world for a witness to all nations, and then the end will come; Mt 28:19-20; Mk 13:10; 16:15; 1Pet 3:15
115. Make God's house a house of prayer for all nations! Mk 11:17 i>: "My house will be called a house of prayer for all nations"; Mt 21:13; Jn 2:16; Mt 10:8; Col 4:18.
116. Receive with hospitality all missionaries/Christians whom Jesus sends! Jn 13:20: He who receives whom I will send receives me, but he who receives me receives him who sent me; Acts 18:27; 20:21; Rom 12:13; 15:7; Col 4:10; 3Jn 8.
117. Greet unknown people kindly with God's blessing! Mt 10:12: But when you enter the house, greet it; Phil 4:5; Tit 3:1-2.
118. Find out who is worthy and open to the Gospel in a new place! Mt 10:12-13: And if therefore the house be worthy, let your peace come upon it; but if it be not worthy, let your peace turn back unto you.



119. Seek out the individual lost! Lk 15:4, 8 i>: What man among you, having an hundred sheep, and having lost one of them, doth not leave the ninety and nine in the wilderness, and go after the one that is lost, until he find it?
120. Heal the sick! Mt 10:8: Heal the sick, raise the dead, cleanse the lepers, cast out demons! For free you have received, for free you give!; Mk 6,13; Lk 10,9; Jam 5,14-15 ↔ This was especially true for the apostles. According to them, there is the special gift of healing, miraculous powers and languages that only a few Christians have: 1Cor 12:9, 28-31; Jas 5:14-15.
121. Raise the dead! Mt 10:8 see above.
122. Make lepers clean! Mt 10:8 s.o.
123. Cast out demons! Mt 10:8 s.o.; 12:29; Acts 16:18
124. Where it is God's will, forgive people their sins! Jn 20:23: If you forgive anyone's sins, they are forgiven him; if you retain anyone's sins, they are retained for him; Mt 16:19.

Countering adversaries and false teachings

125. Be wise as serpents, but without guile as doves! Mt 10,16-18: Behold, I send you as sheep in the midst of wolves; be ye therefore wise as serpents, and simple-minded as doves. But beware of men! For they will hand you over to courts, and in their synagogues they will scourge you; and you will also be brought before governors and kings for my sake, as a testimony to them and to the nations; Lk 10:3; 1Cor 14:20; Col 4:5-6.
126. Forsake those who absolutely will not hear the gospel! Mt 10:14-15: And if anyone will not receive you nor hear your words - go out of that house or town and shake the dust off your feet; Lk 9:5; 10:10-12; Mk 6:11
127. Keep what is holy and do not give it to scoffers who only scorn what is precious to you! Mt 7:6: Do not give what is holy to dogs; neither cast your pearls before swine, lest they trample them under their feet and turn and tear you to pieces; Mt 10:14; Mk 6:11; Lk 9:5; Eph 1:4; 4:24; 1Pet 1:15-16; 3:15; 2Pet 3:14; Rev 22:11
128. Leave blind leaders of the blind, opponents of the gospel, to themselves! Mt 15:14: Leave them! They are blind leaders of the blind. But if a blind man leads a blind man, both will fall into a pit.
129. Beware of false prophets and false teachers! Mt 7:15: Beware of false prophets who come to you in sheep's clothing. But inwardly they are ravening wolves; Mt 24:4-5, 11, 24; Mk 13:5-6; Lk 21:8-9; 1Cor 6:9-10; 10:12; Eph 5:6; Phil 3:2; Col 2:8; 2Th 2:3; 1Tim 1:4; 4:16; 6:20-21; 2Tim 1:13; Jas 1:16; Tit 1:14; 1Pet, 5:8; 2Pet, 3:2. 8.17; Heb 13:9; Jas 5:19-20; 1Petr 5:2; 2Petr 3:2-3. 17; 1Jn 3:7; 2Jn 1:8-9; Rev 2:2, 6, 20-21; 3:11.
130. Resist and distance yourself from teachers and practices that are not according to Jesus! 2Th 3:6, 14: But we command you, brethren, in the name of our Lord Jesus Christ, that you withdraw yourselves from every brother who walks disorderly and not according to the tradition which they have received from us; 1Tim 1:3, 20; 6:3-6; 2Tim 1:13-14; 2:14-16, 19, 21; Tit 1:11; 2:15; 3:10; Jas 1:16; 1Jn 4:1; 2Jn 9-11; Rev 2:15;
131. Do not be impressed by miracles and healings in people who do not live according to the will of the Father! Mt 7:21-23 i>: Not everyone who says to me, Lord, Lord, will enter the kingdom of heaven, but he who does the will of my Father who is in the heavens. Many will say to me in that day, Lord, Lord! Have we not prophesied by your name, and cast out demons by your name, and done many wondrous works by your name? And then I will confess to them: I never knew you. Depart from me, ye workers of iniquity!
132. Beware of hypocrisy of religious and power politicians! Mt 16:6-12: Watch and beware of the leaven of the Pharisees and Sadducees; Mk 8:15; Lk 12:1.



133. Love your enemies by praying for them, blessing them and doing good to them! Lk 6:27-35: Love your enemies; do good to those who hate you; bless those who curse you; pray for those who offend you!; Mt 5:43-48; Rom 12:14,20
134. Do not resist when people do evil to you; do not take revenge, but do good! Mt 5,38-41: You have heard that it was said: An eye for an eye and a tooth for a tooth. But I say to you: Do not resist evil, but if anyone will strike you on your right cheek, offer him the other also; and to him who will go with you to court and take your undergarment, let him have the cloak also. And if someone will force you to go one mile, go with him two! Rom 12:17, 19-21; Eph 1:10; 4:26; 1Th 5:15; 1Pet 3:9
135. Tell your enemy where he is hurting you without threatening him! John 18:23 i>: Jesus answered him, "If I have spoken evil, bear witness of the evil. But if right, why do you strike me?"; Mt 18:15; 1Pet 3:9.
136. Ask God for help day and night when you experience injustice! Lk 18:7 i>: But God, should he not execute the judgment of his elect, who cry unto him day and night, and should he draw it out long with them?
137. Rejoice when you are persecuted for Jesus' sake! Mt 5:11-12: Blessed are ye when they shall revile you, and persecute you, and shall speak all manner of evil against you lyingly, for my sake. Rejoice and be glad, for your reward is great in the heavens; for in the same way they persecuted the prophets who were before you; Lk 6:22-23; Phil 3:1; 4:4; 2Tim 3:12; 1Pet 4:1.
138. Don't worry about what to say when you are on trial for Jesus! Mt 10:19-20: But when they deliver you up, be not anxious how or what ye shall speak: for it shall be given you in that hour what ye shall speak. For it is not you who speak, but the Spirit of your Father who speaks in you; Mk 13:9-11; Lk 12:11-12; 21:12-15; Phil 4:6.
139. Fear not men, but God alone. Mt 10:28: And do not fear those who kill the body but are not able to kill the soul; but rather fear Him who is able to destroy both soul and body in hell; Lk 12:5; Acts 18:9; Acts 23:11; Heb 12:28-29; 1Pet 2:17; 3:14; Rev 14:7; 19:5.
140. Do not be afraid, trust! Lk 12:32: Fear not, little flock! For it has pleased your Father to give you the kingdom; Jn 16:33; Phil 4:6; Heb 3:6, 14, 18; Rev 1:17; 2:10.
141. Be patient in suffering! Mt 10:22 i>: And you will be hated by all because of my name. But he who endures to the end will be saved; Mt 24:13; Mk 13:13; Lk 21:19; Acts 27:24; Rom 12:12; 2Cor 1:6; 2Tim 1:8; 2:3; 4:5; 1Pet 4:1, 13, 19; 5:7-9; Heb 10:34; 12:3, 7; 13:13; Jas 1:2; 5:7-11, 13; 1Pet 2:20; 4:1, 12, 16; 1Jn 3:13, 17; Rev 2:2, 10; 3:11; 13:9-10.
142. Everyone is to submit to his political leadership, obey the laws and pay his taxes! Mt 22:16-21: Render unto Caesar the things that are Caesar's, and unto God the things that are God's; Mk 12:14-17; Lk 20:21-25; Rom 13:1, 6-7; 2Tim 4:2; 1Pet 2:13, 17; Jas 1:4. But also claim your rights: Acts 16:37; Jn 18:23; Tit 3:1; 1Pet 2:13-15, 17.







116 other New Testament instructions

Here you will find 116 other New Testament instructions that do not appear directly in the Gospels. Jesus clearly says that the Holy Spirit will clarify even more points after ascending to the Father in heaven: *Still many things have I to say unto you, but ye cannot bear them now. But when that one comes, the Spirit of truth, he will guide you in all truth. For he will not speak from himself, but what he hears he will speak, and what is to come he will proclaim to you. John 16:12-13*

Personal faith

1. Turn from idols to the living God! Acts 14:15: ...proclaim to you that you should turn from these vain (idols) to the living God...; 1Jn 5:21.
2. Turn back to God and practice good works! Acts 26:20: ...repent and turn to God, performing works worthy of repentance; Tit 3:14; Heb 10:25; 12:1; 13:16.
3. Be strong and courageous in the Lord! Eph 6:10: Become strong in the Lord and in the power of His might; Acts 8:22; 1Cor 16:13; Gal 5:1; Eph 3:13; 6:10; Phil 1:14; Col 4:17; 2Tim 2:1; Heb 4:16; 12:12-13.
4. Put on the weapons of light and Christ! Rom 13:12-14: Let us therefore put off the works of darkness and put on the weapons of light! ... but put on the Lord Jesus Christ; 1Jn 1,7
5. Present yourself body and life to God as a holy sacrifice! Rom 12:1: now I also exhort you to present yourselves body and life to God as a living and holy sacrifice; 1Pet 2:5.
6. Everyone carefully consider what he builds on Christ in his life building! 1Cor 3:10-18: But let each one see how he builds on it... And what each one's work is like, the fire will prove. ...; 1Cor 3:10-12; Jas 4:4; 1Jn 2:15
7. Do not use the freedom in Christ for sin! Gal 5:13: For you were called to freedom, brothers. Only do not use freedom as an occasion for the flesh, but serve one another through love!; 1Cor 8:9, 13; Gal 5:16; 1Pet 1:16; Jas 2:12; Jude 1:23.
8. Take every thought captive under Christ! 2Cor 10:5 i>: ... take every thought captive under the obedience of Christ; Heb 12:9.
9. Draw near to God through Jesus Christ! Heb 7:25 i>: Therefore He is also able to save completely those who draw near to God through Him, because He always lives to intercede on their behalf.
10. Do not think too highly of yourself, but also not too lowly of yourself! Jam 1,9-10: Let the lowly brother boast of his highness, but the rich brother of his lowliness.
11. Do not become arrogant and do not despise the Jews! Rom 11:18-21: ...So do not be arrogant, but be careful that the same does not happen to you...; Rom 11:25; 12:3
12. Know God's goodness and severity, His salvation and righteous judgment! Rom 11:22: See now the goodness and severity of God; Rev 18:20.
13. May the peace of Christ reign in you! Col 3:15: And let the peace of Christ reign in your hearts, to which also you were called in one body! And be thankful!
14. Grow in grace and knowledge of Jesus! 2Peter 3:18: But grow in the grace and knowledge of our Lord and Savior Jesus Christ. To Him be the glory, both now and to the day of eternity! Amen; 1Peter 1:13; 2:2; 2Peter 3:18.
15. Trust completely in God's salvation! Acts 2:21 i>: Everyone who will call on the name of the Lord will be saved. Acts 10:43; Rom 3:22; 4:5
16. Rejoice and be proud of your heavenly future! Rom 5:2 i>: Through Him we have also gained free access to the grace in which we now live. This was by faith. And the hope with which we may now approach the glory of God fills us with joy and pride; Rom 9:33; 12:12; 2Cor 13:11; 1Th 5:16.



17. Know the things and mysteries that have been given to us by God! 1Cor 2:12 i>: But we have not received the spirit of the world, but the Spirit who is from God, that we might know the (things) given to us by God; Matt 13:11; Mark 4:11; Luke 8:10; Rom 16:25; Eph 1:9; Col 1:26-27; 2:2; 1 Tim 3:9, 16; Rev 10:7.
18. Expect to see Jesus Christ again at any time. 1Cor 1:8 i>: ...while you are waiting for the manifestation of our Lord Jesus Christ; Lk 12:36; 21:28; Rom 8:25; Gal 5:5; Phil 3:20; 2Tim 4:8; 1Th 4:16-17; Tit 2:13; Heb 9:28; Jude 1:21.
19. Do not go beyond what is written in God's word. 1Cor 4:6 i>: so that you may learn from us not to think (beyond what is written), lest you become puffed up for one against another; 2Tim 2:7-8.
20. Do not forsake Jesus! Acts 11:23 i>: ...exhorted all to persevere with the Lord with resolution of heart. Acts 14:22
21. If anyone lacks wisdom, let him ask for it! Jas 1:5: But if any of you lacks wisdom, let him ask of God, who gives to all willingly and does not reproach, and it will be given to him.
22. Do not put Christ to the test! 1Cor 10,9: Let us also not try the Christ, as some of them tried Him and were killed by serpents.
23. Let us hold fast the faith and not waver! Heb 10:23: Let us hold fast the confession of hope without wavering - for faithful is He who made the promise 2 Tim 4:7; Heb 3:6; 4:14; 6:18; 10:23, 35-36; 2 Peter 1:10; 1 John 5:13; Rev 2:25.
24. Live a life according to the will of God through His Holy Spirit! Gal 5:16, 25: Walk in the Spirit, and you will not fulfill the lust of the flesh. ... If we live by the Spirit, let us follow the Spirit!; Tit 2:12; Heb 10:7; Jas 4:15; Rev 22:11.
25. Do not deceive the Holy Spirit! Eph 4:30: And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption; 1Th 5:19; Rev 22:17.
26. Put off the old man and put on the new, Christ! Eph 4:22-24 i>: that, concerning the former manner of life, ye have put off the old man, which is ruined by deceitful lusts; on the other hand, be renewed in the spirit of your mind, and put on the new man, which is created after God in true righteousness and holiness; Rom 13:14; Gal 3:28; Eph 3:17; 4:17, 22-24; Col 3:9-10, 12; 1Pet 2:11
27. Live no longer in sin, but reign over it. Rom 5:17 i>: For if by the transgression of one death reigned through one, much more they which receive abundance of grace and of the gift of righteousness shall reign in life through one, Jesus Christ; Rom 6:2, 4, 6, 11-14; 8:13.
28. Do nothing to stir up your evil desires. Rom 13:14: Do no more of those things which stir up your lusts; 1Peter 1:14.
29. Be firm and do not be enslaved! 1Cor 15:58: be firm and steadfast, always increasing in the work of the Lord; Gal 5:1; Phil 4:2; Col 1:23; 2:6-7; 2Th 2:15.
30. Abhor evil! Rom 12:9: Abhor evil, hold fast to good!
31. Have nothing to do with sins, such as binge-eating or binge-drinking, bed-sharing, sex orgies, quarreling, bossiness! Rom 13:13: Let us live a life fit for broad daylight, a life without binge-eating and binge-drinking, without bed-sharing and sex orgies, without quarreling and bossiness! Do not be an idolater, a sorcerer, an obscene person, an adulterer, one who abandons natural sexuality and practices same-sex love and similar things, an impure person who does dirty things, a murderer, a liar, a cheat, a gossip, a trafficker, one who abuses children, a covetous person, an envious person, an idolater, a malicious person, a blasphemer, a curser, a slanderer, an indecent person, one who spreads silly gossip, unseemly joker, breaker of words, thief, man-stealer, greedy, honor-seeker, self-praiser, evil-inventor, disobedient to mother and father, unloving, brawler who challenges others, irascible, pitiless, slave-dealer who loves intoxication and crazy goings-on, drunkard, hater, murmurer, God-challenger, haughty, jealous, following selfish urges, see Rom 1:27-32; 1Cor 6:9-10; 10:6-10; Gal 5:19-21; Eph 4:17-19; 5:5; Col 3:5-9; 1Tim 1:10; 2Tim 3:23; Jas 1:21; 1Pet 2:1; 4:15; Rev 9:21; 16:9; 20:8; 22:15.
32. Do not live like the world around you, but be constantly renewed by God and constantly test whether something is according to God's will! Rom 12:2: And be not conformed to this



- world, but be ye transformed by the renewing of your mind, that ye should prove what is the will of God: that which is good, and acceptable, and perfect; Eph 4:10, 17; 5:10; Phil 3:15; 1Th 5:21; 1Jn 4:1.
33. Set yourself apart against sin! 2Cor 6:17; 7:1: Therefore go out from among them and separate yourselves, says the Lord. And do not touch unclean things! ... o let us cleanse ourselves from every defilement of the flesh and spirit, perfecting holiness in the fear of God; Phil 2:12; 1Th 3:13; 4:3-4; 1Pet 1:17.
 34. Let nothing dominate you, even if it is permitted to you! 1Cor 6:12 i>: All things are lawful for me, but I will not be ruled by anything.
 35. 36. do nothing out of a bad conscience, but act according to your conviction! Rom 14:5: Let every man be sure of his own mind. Rom 14:20; 1Cor 8:7, 10, 12, 29; 2Cor 2:16; 1Tim 1:5, 19; 3:9; 1Pet 3:16.
 36. Do not blaspheme or lie. 1Petr 3:10: For he who loves life and wants to see good days, let him guard his tongue. Let no evil word or lie leave his mouth.
 37. Boast thyself of God, and be not proud of men. 1 Cor. 1:29, 31: that no man boast before God. "Let him who boasts boast of the Lord!" 2 Cor. 10:17
 38. Be an imitator of the example of Jesus and the apostles! 1Cor 4:16: I ask you now, be imitators of me!; 1Cor 11:1; Gal 4:12; Eph 5:1; Phil 2:5; 3:17; 4:9; 1Th 1:6; Heb 6:12; 12:2; 13:7; 1Pet 2:21; 5:3.
 39. Walk in the Spirit to overcome sin! Gal 5:16: Walk in the Spirit, and you will not fulfill the lust of the flesh.
 40. Do not get involved with demons! 1Cor 10,14.20: Therefore, my beloved, flee idolatry! ... But I do not want you to have fellowship with demons; 1Jn 5:21.
 41. Try to please God in everything! 2Cor 5:9 i>: Therefore it is an honor for us to please Him, whether we are still in a foreign land or already at home with Him.
 42. Live no longer for yourself, but for Jesus Christ! 2Cor 5,15 i>: for all he died, that those who live should no longer live to themselves, but to him who died for them and was raised from the dead.
 43. Accept correction! 2Cor 13:11: be corrected, be encouraged; 1Th 5:11; 1Th 5:14; Tit 2:15; Heb 13:22.
 44. Let God's grace be sufficient for you! 2Cor 12:9: My grace is sufficient for you, for (my) power comes to perfection in weakness.
 45. Do not deceive the Holy Spirit by lack of cooperation or contradiction! Eph 4:30: And do not grieve the Holy Spirit of God, with whom you have been sealed for the day of redemption!
 46. Watch! Eph 5:14: "Awake, you who sleep, and rise from the dead! and the Christ will shine on you!"; 1Th 5:6, 8.
 47. Be wise! Eph 5:15,17: Watch therefore carefully how ye walk, not as unwise, but as wise. ... Therefore do not be foolish, but understand what the will of the Lord is!; Heb 13:21.
 48. Do not get drunk with alcohol, but be filled with the spirit through songs! Eph 5:18-19: And do not become intoxicated with wine, wherein is dissipation, but become full of the Spirit, speaking to one another in psalms and hymns and spiritual songs, singing and playing to the Lord with your heart!
 49. As a father or mother, gather treasures for your children! 2Cor 12:14: ... For children should not lay up treasures for their parents, but parents for their children.
 50. As a child obey your parents! Eph 6:1: Children, obey your parents in the Lord. For this is right; Col 3:20
 51. As a father, do not provoke your children! Eph 6:4: And you fathers, do not provoke your children to anger, but bring them up in the discipline and admonition of the Lord; Col 3:21; 1 Tim 2:8.
 52. Be angry, but without sinning! Eph 4:26-27: Be angry, but do not sin; Eph 4:31; Jas 1:19.
 53. As a slave in a society, you should willingly obey your master and conversely as a master treat your slaves justly! Col 3:22-4:1: You slaves, obey your earthly masters in everything ...



you masters, grant to your slaves what is right and just; Eph 6:5-9; Col 3:22-25; 1 Tim 6:1-2; Tit 2:9; Phil 1:10,17; 1 Pet 1:18

54. As a slave, take advantage of the opportunity to be set free! 1Cor 7:21: If you have been called as a slave, do not let it bother you; but if you can also become free, make use of it all the more gladly.

Persecution

55. Do not be deceived! 1Jn 3,7: Let no one deceive you!; 1Cor 15,33; Eph 5,6.

56. As a Christian you will enter the kingdom of heaven through many tribulations! Acts 14:22 i>: ...exhorted them to persevere in the faith, saying that through many tribulations we must enter the kingdom of God. Mt 10:22; 24:9-10; Mk 21:17; Lk 6:22; Jn 15:18, 25; 17:14; Rom 12:12; 2Cor 1:5-7; Phil 1:29; Phil 3:10; Col 1:24; 2Tim 2:3, 1Pet 2:19; 3:14, 17; 4:13, 19; 5:9; Rev 2:10.

57. As a Christian you will go through tribulations, but you should rejoice in them! Rom 5:3 i>: Not only this, but we also glory in tribulations, knowing that tribulation produces perseverance; Matt 5:11-12; Phil 2:18; 1Pet 4:12-13.

Sexuality/Marriage

58. Flee especially from sexual sins! 1Cor 6:18: Flee from sexual sins! Every sin that a man may commit is outside the body; but he who commits fornication sins against his own body. 2Tim 2:22

59. Give glory to God with your body! 1Co 6:20: So give glory to God with your body.

60. As a husband cultivate sexual fellowship with your wife and vice versa! 1 Cor. 7:3, 5: Let the husband do his conjugal duty to the wife, and likewise also the wife to the husband... Do not deprive one another....

61. As a wife, submit to your husband! Eph 5:22, 24: Submit yourselves one to another in the fear of Christ, wives to their own husbands as to the Lord! ... But as the church submits to Christ, so also the wives to the husbands in everything; Col 3:18; Eph 5:21-33; Tit 2:5; 1Pet 3:1-6; 5:5.

62. As a wife, do not make yourself interesting by outward adornment, but by inward values! 1Tim 2:9-10: likewise, that wives also adorn themselves in a decent manner with shamefacedness and modesty, not with braids of hair and gold or pearls or costly apparel, but with what is fitting for women who profess godliness, by good works.

63. As a husband, love your wife devotedly! Eph 5:25, 28, 33: So also husbands are guilty of loving their wives as their own bodies. He who loves his wife loves himself. ... In any case, you also - each of you love his wife as himself; but the wife, that she may have reverence for the husband!; Eph 5:25, 28, 33; Col 3:19; 1Pet 3:7.

64. As a believing wife, do not divorce your still unbelieving husband unless he seeks it! 1Cor 7:12-13: But to the rest I say, not the Lord: If a brother has an unbelieving wife and she



consents to live with him, do not dismiss her. And a woman who has an unbelieving husband, and he consents to live with her, do not dismiss the husband.

65. Do not divorce your spouse, if you do, remain unmarried or be reconciled! 1Cor 7:10-12: Now to those who are married, I do not command, but the Lord commands, that a woman should not divorce her husband - but if she does divorce, remain unmarried or be reconciled to her husband; 1Cor 7:15, 27.
66. Your future spouse should definitely be a Christian as well! 1Cor 7:39: A woman is bound as long as her husband lives; but if the husband has fallen asleep, she is free to marry whom she wishes, only in the Lord it must be done.

Goods

67. Give instead of taking! Acts 20:35: It is more blessed to give than to receive. Mt 20,28; Mk 10,45
68. Collect voluntarily from your money to give cheerfully! 1Cor 16:2: On the first day of every week, each of you set aside and accumulate; 2Cor 8:11, 14, 24; 9:7; Gal 2:20; Heb 7:5; 13:5.
69. Care for elderly widows who have no one else! 1Tim 5:3: Honor widows who are really widows!; 1Tim 5:11,14

Other Christians and Church

70. Be baptized! Acts 2:38 i>: let each of you be baptized in the name of Jesus Christ for the forgiveness of your sins. And you will receive the gift of the Holy Spirit. Receiving the Spirit is associated with baptism in this passage, but not in other biblical passages. Acts 22:16
71. Greet fellow Christians (with a holy kiss)! Rom 16:16: Greet one another with a holy kiss! 1Cor 16:20; 2Cor 13:12; Phil 4:21; 1Th 5:26; Heb 13:24; 1Pet 5:14.
72. Pray for other fellow Christians! Heb 13:18: pray for us; Rom 15:30; 1Th 5:17-18, 25-26; 1Tim 2:1-2, 8; 1Jn 5:16.
73. Pray for other preachers and Christians! 2Cor 1:11 i>: whereby ye also by prayer cooperate for us, that thanks may be given by many for the gift of grace bestowed upon us, through many for us. 2Cor 13:7; Eph 6:18-20; 2Th 3:1-2; Heb 13:18
74. Bear the infirmities of your fellow Christians! Rom 15:1-2: We, the strong, have the duty to bear the weaknesses of the weak instead of complacently thinking only of ourselves. Each of us should have consideration for the other, so that he may prosper and be promoted.
75. Do not leave the worship meetings! Heb 10:24-25: and let us take heed one to another, that we may provoke one another to love and good works, not neglecting our meeting together, as is the custom with some, but encouraging one another.
76. Examine thyself, especially before the Lord's Supper. 1Cor 11:28: But let a man examine himself, and so eat of the bread and drink of the cup; 2Cor 13:5; Gal 6:4; Eph 5:10; Phil 1:10; 1Jn 4:1.
77. Confess your sins to one another and pray for healing. Jas 5:16: Therefore confess your sins to one another and pray for one another so that you may be healed!
78. Try to help Christians who make a mistake in a friendly way! Gal 6:1-2: Brethren, even if a man is overtaken by a misstep, you, the ministers, in a spirit of gentleness, set him right. And



- in so doing, take care that you too are not tempted. Bear one another's burdens, and so you will fulfill the law of Christ; Eph. 4:2; 2 Tim. 2:25; Titus 2:15; 3:2; James 1:21.
79. Sing spiritual songs and psalms to one another! Eph 5:19: become full of the Spirit, speaking to one another in psalms and hymns and spiritual songs, singing and playing to the Lord with your heart!; Col 3:16; Heb 13:15; Jas 5:13.
 80. Let each one choose his own day of rest and not condemn others if they do it differently! Rom 14:5-7: The one keeps one day before another, but the other keeps every day alike. But let each one be fully convinced in his own mind! He who observes the day observes it to the Lord. And he who eats eats to the Lord, for he gives thanks to God; and he who does not eat does not eat to the Lord, and gives thanks to God; Matt. 12:8; Mark 2:28; Luke 6:5; Col. 2:14-17.
 81. Diligently seek and use the spiritual gifts that build up the church. 1Cor 14:12: So also, since you are zealous for spiritual gifts, strive to abound for the edification of the church; 1Cor 12:31; 14:1; 2Cor 8:7; 1Tim 4:14.
 82. Use gifts from God without fail! Rom 12:6-8: ...But since we have various gifts of grace according to the grace given us, let us use them; 2Tim 1:6.
 83. Work them diligently and zealously! Rom 12:11: Do not become slack in diligence, let the Spirit of God burn in you, and so serve the Lord; Gal 4:18; Eph 4:28; Heb 6:11-12; 2Pet 1:5.
 84. Spiritual teachers and leaders should be provided materially/financially for their ministry! 1Cor 9:9-12: If we have sown you that which is spiritual, what great thing is it if we reap from you that which is earthly?; 1Cor 9:14; Gal 6:6; Phil 4:14-15; 1Th 5:12-13; 1Tim 5:17
 85. Compensate those who help you spiritually! Rom 15:27: For if the nations have been given a share in the spiritual goods of the Jerusalem believers, they are also obligated to serve them with earthly goods; 1Tim 5:17
 86. As a church overseer, fulfill the criteria and face a probationary period! 1Tim 3:1-10: But let them also be tried first, and then let them serve if they are blameless; 1Tim 5:22.
 87. Accept an accusation against elders or leaders only if at least 2 or 3 witnesses raise it! 1Tim 5:19: Do not accept a charge against an elder except with two or three witnesses!
 88. Obey your spiritual leaders! Heb 13:17: Obey your teachers and follow them, for they watch over your souls-and for this they must give an account-so that they may do it with joy and not with groaning, for this would not be good for you; Jas 5:9.
 89. Subordinate yourself to other Christians! Gal 5:21: Order one another in the fear of Christ; Eph 5:21.
 90. Do not put those who are new or weak in the faith in positions of responsibility! Rom 14:1: But receive the weak in faith, but not for the decision of doubtful questions!
 91. Do not seek first of all what serves you, but what serves others! 1Cor 10,24: No one seeks his own, but that of others; 1Petr 4,11
 92. Reject religious fairy tales! 1Tim 4,7: Reject unholy and old wives' fables, but practice godliness; Tit 1,13-14; 3,9-11.
 93. Do not be discouraged because of your young age! 1Tim 4:12: Let no one despise your youth, but rather be an example of believers in word, in walk, in love, in faith, in chastity.
 94. Criticize elders gently, younger ones as brothers, sisters in faith with sexual self-control! 1Tim 5:1-2: Do not drive an older man hard, but admonish him as a father, younger as brothers; older women as mothers, younger as sisters in all chastity!
 95. Encourage capable Christians who are faithful to teach others! 2Tim 2:2: And what you have heard from me through many witnesses, command faithful men who are able to teach others also; 2Tim 2:24; Heb 5:14; Jas 3:1.
 96. If you speak in tongues in the church, pray to be able to interpret them or do not use them! 1Cor 14:13,28: Therefore, whoever speaks in a language, pray that he may also interpret it! ... but if there is no interpreter, let him be silent in the church, but speak for himself and for God; 1Cor 14:39-40.
 97. Let only 2-3 persons speak in tongues and prophets in the worship service! 1Cor 14:27,29: If therefore any man speak in a tongue, let it be in twos, or at most in threes, and one after



- another; and let one interpret. ... But of the prophets let two or three speak, and let the others judge.
98. As a woman keep silent in the service! 1Cor 14:34-35: let the women keep silence in the churches, for they are not permitted to speak, but they are to be submissive, as also the law says. But if they wish to learn anything, let them ask their own husbands at home; for it is shameful for a woman to speak in the church; Eph. 5:21-33; 1 Tim. 2:11.
99. As a woman cover your head when praying (with long hair?), as a man do not! 1Cor 11:4-15: Every man who prays or prophesies with (something) on his head dishonors his head. But every woman who prays or prophesies with her head uncovered dishonors her head; ... but if a woman has long hair, it is an honor to her? For the hair is given to her instead of a veil.
100. Take care with fellow Christians that they do not become bitter, but are filled with grace! Heb 12:15: Take heed lest any man neglect the grace of God; lest a bitter root spring up and cause discord, and many be defiled by it.

Mission

101. Take advantage of the time and opportunities! Eph 5:16: Take advantage of the right time! For the days are evil; Gal 6:10; Col 4:5; 2Tim 4:2.
102. Preach Jesus as crucified and risen for the forgiveness of sins in spite of all opposition! 1Cor 1:23 i>: let us preach Christ as crucified, a stumbling block to Jews and foolishness to nations; Lk 24:7, 46-47; Acts 2:36; 4:10; 1Cor 2:2; 2Cor 13:4; Gal 3:1; 6:14.
103. Put on God's armor! Truth, righteousness, evangelism, faith, assurance of salvation, God's Word, prayer! Eph 6:10-20: Put on the whole armor of God, that you may be able to stand against the wiles of the devil!...; Rom 13:12; 2Cor 6:7; 10:4; Eph 4:15; 5:9; 6:11; Col 3:1-2, 5-8; 1Th 5:8; 1Tim 6:12; 1Pet 1:13; Jas 4:7.
104. Expect God's specific missionary instruction even on points important to salvation history! Acts 8:29: But the Spirit said to Philip, "Come along and join this chariot;" Acts 9:6, 11, 15; Acts 10:4-5, 13, 20; Acts 13:2, 43; Acts 16:6, 8-9; Acts 22:10, 18, 21.
105. Defend the faith! Acts 9:22 i>: But Saul strengthened himself still more (in the word), and brought confusion on the Jews who dwelt at Damascus, proving that this is the Christ; Phil 2:16.
106. Honor those who plead God's cause! Acts 20:31: Watch therefore, and remember that for three years, night and day, I did not cease to exhort each one with tears!; Phil 2:29
107. Do everything for the glory of God! 1Cor 10:31-32: ... do everything to the glory of God! Be unoffensive, both to Jews and Greeks and to the church of God, just as in all things I also seek to please all, in that I do not seek my own advantage but that of the many, that they may be saved.
108. Do not discourage messengers of the gospel and do not despise them! 1Cor 16:10-11: But when Timothy comes, see that he is with you without fear. For he labors in the work of the Lord, as do I. Let no one therefore despise him; 1Cor 16:16, 18.
109. Appoint responsible elders in every church plant of a city! Tit 1:5: Therefore I left you in Crete, that you might make complete what is lacking, and appoint elders city by city, as I commanded you.
110. Make haste in making God's word available! 2 Tim 4:13, 21: The mantle that I left at Troas with Carpus, bring with you when you come, and the books, especially the parchments.... Make haste to come before winter.



Confronting adversaries and false teachings

111. Defend the faith against false teachings! Acts 15:19: Therefore I judge that one should not trouble those who turn to God from the nations; Titus 2:1; 1 John 2:24-27.
112. Uncircumcised people should not be circumcised for religious reasons! 1Cor 7:18, 20: If anyone has been called circumcised, let him remain circumcised; if anyone has been called uncircumcised, let him not be circumcised. Gal 5:2-3; 1Cor 7:19
113. Expose sin! Eph 5:11: And have nothing in common with the unfruitful works of darkness, but rather expose them.
114. Do good, not evil! Rom 16:19: But I want you to be wise for good, yet uninfluenced by evil; Mt 12:35; Lk 6:45; Rom 12:9, 21; 2Cor 13:7; Gal 4:18; Gal 6:9; Eph 2:10 1Th 5:15, 22; 2Th 3:13; Tit 2:14; 3:8; Heb 5:14; 1Pet 3:9-11; Jas 1:22; 2:20; 1Pet 2:12; 4:19; 3Jn 11.
115. Turn away from pseudo-Christians who want to deceive! Rom 16:17-18: Beware of those who depart from the teaching as you have learned it! They only cause divisions and put the faith of the brethren in danger. Get out of their way! Such people do not serve Christ, our Lord, but their own well-being. With impressive speeches and flattering words they lead unsuspecting people astray. 2Tim 3:5
116. Rather be wronged or seek wise Christians who can judge well between Christians. Do not call for judgment with not-yet-Christians when it comes to other Christians! 1Cor 6:5-7 i>: You should be ashamed of yourselves! Is there no one among you wise enough to make an impartial judgment between brothers? Instead, one brother sues another - and that before unbelievers! It is already a fault of yours that you have legal disputes with each other. Why don't you rather let yourselves be wronged? Why don't you rather let yourselves be taken advantage of?